

What to expect after the procedure

*Please be aware the healing timeline below may not apply the same to every baby



Follow up with a Lactation Consultant and Pediatric Chiropractor within the first week is HIGHLY RECOMMENDED

PAIN MANAGEMENT RECOMMENDATIONS

<p>UNDER 6 MONTHS</p>	<ul style="list-style-type: none"> -Infant Acetaminophen/Tylenol (160 mg/5ml concentration), dose based on weight. Give every 4-6 hours as needed for pain (Use only if recommended) - Arnica Montana 30C tablets – Homeopathic remedy (ask for dosage)
<p>OVER 6 MONTH</p>	<ul style="list-style-type: none"> -Children’s Ibuprofen/Advil/Motrin Infant’s drops (50 mg/1.25 ml) or children’s concentration (100 mg/5ml)
<p>GELS AND OILS</p>	<ul style="list-style-type: none"> -Helps to lubricate sites and offer localized relief -Best if kept chilled -Safe for any age -Simply apply small dab to treated area with exercises. Coconut/Clove oil mixture: 2 drops pure food grade clove oil per 10ml coconut oil in 15ml container. *Coconut oil to be liquid form and room temperature.